



#1: Psalm 120 – Growth Group Discussion

WARM UP: What do you like to listen to when you're on a road trip?

SERIES INTRODUCTION DISCUSSION:

- From what Pastor Dan shared (or from your own experience)...
 - How do the Psalms help comfort us where we're at?
 - How do the Psalms help us move forward?
- How might the pilgrimage journey to Jerusalem symbolize the journey of faith?

PSALM 120 DISCUSSION:

- The tone of Psalm 120 is raw and unrefined. What does the tone of Psalm 120 teach us about how we can communicate to God?
- What are some sounds that arrest your attention (even in the midst of lots of other noises)?
- What does it mean that the psalmist is in "distress"?
- What is a time in your life where you could identify with that?
- When have you felt the sting of "lying lips" and "deceitful tongues"?

- Charles Spurgeon wrote, “Silence to man and prayer to God are the best cures for the evil of slander.” Pastor Dan shared, “Those who are quick to defend themselves often miss out on what it is to have the Lord defend them.”
 - When have you experienced the Lord defending you?
- In what ways have you experienced the heartache/frustration/misery of living in a culture where lies are being told and people are inclined to ‘war’ over peace?
- What does it look like ‘practically’ to cry out to the Lord in these times, looking to Him for direction and strength?
- In what ways do we see God answering the psalmist’s prayers in and through this passage?
- What do you sense is your primary takeaway from this passage?

If you haven’t yet, take some time to agree on and commit to a way of **SERVING TOGETHER** as a group. If you need some ideas, contact Pastor Bryan (bryan.pohlen@mitchellwesleyan.com).