



#2: Psalm 121 – Growth Group Discussion

WARM UP: What is one of the most dangerous places you've traveled to or through?

PSALM 121 DISCUSSION:

- What's the most challenging hike/climb you've ever made?
 - What were the physical challenges?
 - What were the mental challenges?
- How might the psalmist have been looking to the mountains in a positive sense?
- How might the psalmist have been looking to the mountains in a negative sense?
- What is comforting about knowing that God is always watching over you?
- What is challenging about knowing that God is always watching over you?
- Where is it hard to ask others for help in your life?
- Where is it easy to ask others for help in your life?

⁷ *The LORD will keep you from all harm— he will watch over your life;*

- What was one of the first major challenges you faced after deciding to follow Jesus?
- According to Pastor Dan, what is this verse *not* saying?
- According to Pastor Dan, what *is* this verse saying?
- What is a challenge you worked through where you knew that God helped in a powerful way?
- What challenge are you facing now where you're keenly aware of your need for God's help? How can this group pray for you?

If you haven't yet, take some time to agree on and commit to a way of **SERVING TOGETHER** as a group. If you need some ideas, contact Pastor Bryan (bryan.pohlen@mitchellwesleyan.com).