



#5: Psalm 124 – Growth Group Discussion

WARM UP: What's one of your favorite "underdog" stories?

PSALM 122 DISCUSSION:

- VV. 1-2: The repeat in these verses is the Psalmist ensuing that the Israelites were truly paying attention and taking these great truths to heart. As Spurgeon noted: *"Our thanksgiving often needs a spur."*

What are some things you do to truly "give thanks" to the Lord?

- V.3: In what ways do you see the devil fanning the flames of anger of people towards Christians in our culture?
- VV.4-5: Have you ever witnessed the overwhelming and destructive power of water?
- VV.6-8: These verses underscore our helplessness when it comes to rescue ourselves.
 - In what ways are we helpless to rescue ourselves?
 - In what ways does our behavior still affect things?
- V9: This is the ultimate truth that all the other verses build to. Yes, Davis is honest about the hazards of life, but he points to the help of God as the greater reality.
 - How might this approach guide you when trying to help others struggling with the hazards of life?

- Take some time to reflect and write down all the ways God has helped you in your life. Be prepared to share a few:

- In what ways are you needing God's help most right now?

If you haven't yet, take some time to agree on and commit to a way of **SERVING TOGETHER** as a group. If you need some ideas, contact Pastor Bryan (bryan.pohlen@mitchellwesleyan.com).

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